

A wooden cross stands prominently in the center of a vast, mountainous landscape. The scene is captured during the golden hour, with a warm, low sun creating a soft glow and long shadows across the terrain. The cross is made of dark, weathered wood. The background features rolling hills and distant mountain ranges under a sky with wispy clouds. The overall mood is serene and contemplative.

THE WAY OF THE

Cross

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How to Use This Study

Each day, read the assigned passage from John and walk through the Devotional Method chart. Start with prayer, reflect on what the Scripture says, and write out your meditation. Then note how you will apply it, choose a key verse to memorize, and revisit your application in the days ahead.

Use this simple rhythm daily to help you slow down, hear God’s voice, and grow in your walk with Jesus.

Chart for the DEVOTIONAL METHOD of Bible Study

Date:	Passage:	
1. Prayer (check here when you have prayed over this passage):		
2. Meditation:		
3. Application (How you will apply this passage to your life):	<p>Six ways to meditate on a verse:</p> <ol style="list-style-type: none"> 1. PICTURE IT! Visualize the scene in your mind. 2. PRONOUNCE IT! Say the verse aloud, each time emphasizing a different word. 3. PARAPHRASE IT! Rewrite the verse in your own words. 4. PERSONALIZE IT! Replace the pronouns or people in the verse with your own name. 5. PRAY IT! Turn the verse into a prayer and say it back to God. 6. PROBE IT! Ask the following nine questions: Is there a... SIN TO CONFESS? PROMISE TO KEEP? ATTITUDE TO CHANGE? COMMAND TO KEEP? EXAMPLE TO FOLLOW? PRAYER TO PRAY? ERROR TO AVOID? TRUTH TO BELIEVE? SOMETHING TO THANK GOD FOR? 	
4. Memorization (Key verse of the passage, for this particular study):		
5. Assessment of Application (Perform this step over the next couple of weeks):		

week 1

THE WAY OF THE
Seed

Death before life. Surrender before fruit.

12: JOHN 1-8

Day 1

Daily Prayer

“Jesus, You are the seed that fell into the ground. Teach us how to let go so new life can grow.”

Weekly Practice: *Surrender*

Fast one comfort this week (food, media, caffeine)

·Each time you feel the pull, pray: “Unless a seed falls into the ground...”

Jesus Anointed at Bethany

12 Six days before the Passover, Jesus came to Bethany, where Lazarus lived, whom Jesus had raised from the dead. ²Here a dinner was given in Jesus’ honor. Martha served, while Lazarus was among those reclining at the table with him. ³Then Mary took about a pint of pure nard, an expensive perfume; she poured it on Jesus’ feet and wiped his feet with her hair. And the house was filled with the fragrance of the perfume.

⁴But one of his disciples, Judas Iscariot, who was later to betray him, objected, ⁵“Why wasn’t this perfume sold and the money given to the poor? It was worth a year’s wages” ⁶He did not say this because he cared about the poor but because he was a thief; as keeper of the money bag, he used to help himself to what was put into it.

⁷“Leave her alone,” Jesus replied. “It was intended that she should save this perfume for the day of my burial. ⁸You will always have the poor among you, but you will not always have me.”

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5. Assessment of Application (Perform this step over the next couple of weeks):	

JOHN 12: 20 – 26

Day 2

Daily Prayer

“Jesus, You are the seed that fell into the ground. Teach us how to let go so new life can grow.”

Weekly Practice: Surrender

Fast one comfort this week (food, media, caffeine)

·Each time you feel the pull, pray: “Unless a seed falls into the ground...”

Jesus Predicts His Death

²⁰ Now there were some Greeks among those who went up to worship at the festival. ²¹ They came to Philip, who was from Bethsaida in Galilee, with a request. “Sir,” they said, “we would like to see Jesus.” ²² Philip went to tell Andrew; Andrew and Philip in turn told Jesus.

²³ Jesus replied, “The hour has come for the Son of Man to be glorified. ²⁴ Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds. ²⁵ Anyone who loves their life will lose it, while anyone who hates their life in this world will keep it for eternal life. ²⁶ Whoever serves me must follow me; and where I am, my servant also will be. My Father will honor the one who serves me.

Date:	Passage:
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PSALM 1: 1-6

Day 3

Daily Prayer

“Jesus, You are the seed that fell into the ground. Teach us how to let go so new life can grow.”

Weekly Practice: Surrender

Fast one comfort this week (food, media, caffeine)

·Each time you feel the pull, pray: “Unless a seed falls into the ground...”

Psalm 1

¹ Blessed is the one

who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,

² but whose delight is in the law of the Lord,
and who meditates on his law day and night.

³ That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers.

⁴ Not so the wicked!

They are like chaff
that the wind blows away.

⁵ Therefore the wicked will not stand in the judgment,
nor sinners in the assembly of the righteous.

⁶ For the Lord watches over the way of the righteous,
but the way of the wicked leads to destruction.

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53: ISAIAH — 11

Day 4

Daily Prayer

“Jesus, You are the seed that fell into the ground. Teach us how to let go so new life can grow.”

Weekly Practice: *Surrender*

Fast one comfort this week (food, media, caffeine)

·Each time you feel the pull, pray: “Unless a seed falls into the ground...”

¹⁰ Yet it was the Lord’s will to crush him and cause him to suffer,
and though the Lord makes[a] his life an offering for sin,
he will see his offspring and prolong his days,
and the will of the Lord will prosper in his hand.

¹¹ After he has suffered,
he will see the light of life[b] and be satisfied[c];
by his knowledge[d] my righteous servant will justify many,
and he will bear their iniquities.

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8. MARK
34 — 35

Day 5

Daily Prayer

“Jesus, You are the seed that fell into the ground. Teach us how to let go so new life can grow.”

Weekly Practice: Surrender

Fast one comfort this week (food, media, caffeine)

Each time you feel the pull, pray: “Unless a seed falls into the ground...”

The Way of the Cross

³⁴ Then he called the crowd to him along with his disciples and said:

“Whoever wants to be my disciple must deny themselves and take up their cross and follow me. ³⁵For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it.

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2 CORINTHIANS 4: 7 — 12

Day 6

Daily Prayer

“Jesus, You are the seed that fell into the ground. Teach us how to let go so new life can grow.”

Weekly Practice: *Surrender*

Fast one comfort this week (food, media, caffeine)

·Each time you feel the pull, pray: “Unless a seed falls into the ground...”

⁷But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. ⁸We are hard pressed on every side, but not crushed; perplexed, but not in despair; ⁹persecuted, but not abandoned; struck down, but not destroyed. ¹⁰We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body. ¹¹For we who are alive are always being given over to death for Jesus' sake, so that his life may also be revealed in our mortal body. ¹²So then, death is at work in us, but life is at work in you.

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JOHN 12: 20 – 26

Day 7: Re-read slowly

Daily Prayer

“Jesus, You are the seed that fell into the ground. Teach us how to let go so new life can grow.”

Weekly Practice: Surrender

Fast one comfort this week (food, media, caffeine)

·Each time you feel the pull, pray: “Unless a seed falls into the ground...”

Jesus Predicts His Death

²⁰ Now there were some Greeks among those who went up to worship at the festival. ²¹ They came to Philip, who was from Bethsaida in Galilee, with a request. “Sir,” they said, “we would like to see Jesus.” ²² Philip went to tell Andrew; Andrew and Philip in turn told Jesus.

²³ Jesus replied, “The hour has come for the Son of Man to be glorified. ²⁴ Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds. ²⁵ Anyone who loves their life will lose it, while anyone who hates their life in this world will keep it for eternal life. ²⁶ Whoever serves me must follow me; and where I am, my servant also will be. My Father will honor the one who serves me.

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part 2

THE WAY OF THE
Servant

Power expressed through humility.

13: JOHN 1-17

Day 1

Daily Prayer

“Jesus, You knelt when You had every right to stand. Shape our hearts to serve without needing recognition.”

Weekly Practice: Surrender

*Do one act of service for someone every day.
No posting. No telling. Just obedience.*

Jesus Washes His Disciples’ Feet

¹³ It was just before the Passover Festival. Jesus knew that the hour had come for him to leave this world and go to the Father. Having loved his own who were in the world, he loved them to the end.

² The evening meal was in progress, and the devil had already prompted Judas, the son of Simon Iscariot, to betray Jesus. ³ Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; ⁴ so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. ⁵ After that, he poured water into a basin and began to wash his disciples’ feet, drying them with the towel that was wrapped around him.

⁶ He came to Simon Peter, who said to him, “Lord, are you going to wash my feet?”

⁷ Jesus replied, “You do not realize now what I am doing, but later you will understand.”

⁸ “No,” said Peter, “you shall never wash my feet.”

Jesus answered, “Unless I wash you, you have no part with me.”

⁹ “Then, Lord,” Simon Peter replied, “not just my feet but my hands and my head as well!”

¹⁰ Jesus answered, “Those who have had a bath need only to wash their feet; their whole body is clean. And you are clean, though not every one of you.” ¹¹ For he knew who was going to betray him, and that was why he said not every one was clean.

¹² When he had finished washing their feet, he put on his clothes and returned to his place. “Do you understand what I have done for you?” he asked them. ¹³ “You call me ‘Teacher’ and ‘Lord,’ and rightly so, for that is what I am. ¹⁴ Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet. ¹⁵ I have set you an example that you should do as I have done for you. ¹⁶ Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. ¹⁷ Now that you know these things, you will be blessed if you do them.

Date:

Passage:

1. Prayer (check here when you have prayed over this passage):

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3. Application (How you will apply this passage to your life):

4. Memorization (Key verse of the passage, for this particular study):

5. Assessment of Application (Perform this step over the next couple of weeks):

PSALMS 131

Day 2

Daily Prayer

“Jesus, You knelt when You had every right to stand. Shape our hearts to serve without needing recognition.”

Weekly Practice: Surrender

*Do one act of service for someone every day.
No posting. No telling. Just obedience.*

A song of ascents. Of David.

¹ My heart is not proud, Lord,
my eyes are not haughty;

I do not concern myself with great matters
or things too wonderful for me.

² But I have calmed and quieted myself,
I am like a weaned child with its mother;
like a weaned child I am content.

³ Israel, put your hope in the Lord
both now and forevermore.

Date:

Passage:

1. Prayer (check here when you have prayed over this passage):

2. Meditation:

3. Application (How you will apply this passage to your life):

4. Memorization (Key verse of the passage, for this particular study):

5. Assessment of Application (Perform this step over the next couple of weeks):

42. ISAJAH 4

Day 3

Daily Prayer

“Jesus, You knelt when You had every right to stand. Shape our hearts to serve without needing recognition.”

Weekly Practice: Surrender

*Do one act of service for someone every day.
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The Servant of the Lord

42 “Here is my servant, whom I uphold,
my chosen one in whom I delight;
I will put my Spirit on him,
and he will bring justice to the nations.

²He will not shout or cry out,
or raise his voice in the streets.

³A bruised reed he will not break,
and a smoldering wick he will not snuff out.

In faithfulness he will bring forth justice;

⁴ he will not falter or be discouraged
till he establishes justice on earth.

In his teaching the islands will put their hope.”

Date:

Passage:

1. Prayer (check here when you have prayed over this passage):

2. Meditation:

3. Application (How you will apply this passage to your life):

4. Memorization (Key verse of the passage, for this particular study):

5. Assessment of Application (Perform this step over the next couple of weeks):

PHILIPPIANS

2:5 — 11

Day 4

Daily Prayer

“Jesus, You knelt when You had every right to stand. Shape our hearts to serve without needing recognition.”

Weekly Practice: Surrender

*Do one act of service for someone every day.
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⁵ In your relationships with one another, have the same mindset as Christ Jesus:

⁶ Who, being in very nature[a] God,
did not consider equality with God something to be used to his own advantage;

⁷ rather, he made himself nothing
by taking the very nature[b] of a servant,
being made in human likeness.

⁸ And being found in appearance as a man,
he humbled himself
by becoming obedient to death—
even death on a cross!

⁹ Therefore God exalted him to the highest place
and gave him the name that is above every name,

¹⁰ that at the name of Jesus every knee should bow,
in heaven and on earth and under the earth,

¹¹ and every tongue acknowledge that Jesus Christ is Lord,
to the glory of God the Father.

Date:

Passage:

1. Prayer (check here when you have prayed over this passage):

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5. Assessment of Application (Perform this step over the next couple of weeks):

LUKE 22 : 24 — 27

Day 5

Daily Prayer

“Jesus, You knelt when You had every right to stand. Shape our hearts to serve without needing recognition.”

Weekly Practice: Surrender

*Do one act of service for someone every day.
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²⁴ A dispute also arose among them as to which of them was considered to be greatest. ²⁵ Jesus said to them, “The kings of the Gentiles lord it over them; and those who exercise authority over them call themselves Benefactors. ²⁶ But you are not to be like that. Instead, the greatest among you should be like the youngest, and the one who rules like the one who serves. ²⁷ For who is greater, the one who is at the table or the one who serves? Is it not the one who is at the table? But I am among you as one who serves.

Date:

Passage:

1. Prayer (check here when you have prayed over this passage):

2. Meditation:

3. Application (How you will apply this passage to your life):

4. Memorization (Key verse of the passage, for this particular study):

5. Assessment of Application (Perform this step over the next couple of weeks):

5: 1 Peter — 6

Day 6

Daily Prayer

“Jesus, You knelt when You had every right to stand. Shape our hearts to serve without needing recognition.”

Weekly Practice: Surrender

*Do one act of service for someone every day.
No posting. No telling. Just obedience.*

⁵In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because,

“God opposes the proud
but shows favor to the humble.”

⁶Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time.

Date:

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5. Assessment of Application (Perform this step over the next couple of weeks):

13: JOHN 1-17

Day 7: Re-read slowly

Daily Prayer

“Jesus, You knelt when You had every right to stand. Shape our hearts to serve without needing recognition.”

Weekly Practice: Surrender

*Do one act of service for someone every day.
No posting. No telling. Just obedience.*

Jesus Washes His Disciples' Feet

¹³ It was just before the Passover Festival. Jesus knew that the hour had come for him to leave this world and go to the Father. Having loved his own who were in the world, he loved them to the end.

² The evening meal was in progress, and the devil had already prompted Judas, the son of Simon Iscariot, to betray Jesus. ³ Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; ⁴ so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. ⁵ After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him.

⁶ He came to Simon Peter, who said to him, “Lord, are you going to wash my feet?”

⁷ Jesus replied, “You do not realize now what I am doing, but later you will understand.”

⁸ “No,” said Peter, “you shall never wash my feet.”

Jesus answered, “Unless I wash you, you have no part with me.”

⁹ “Then, Lord,” Simon Peter replied, “not just my feet but my hands and my head as well!”

¹⁰ Jesus answered, “Those who have had a bath need only to wash their feet; their whole body is clean. And you are clean, though not every one of you.” ¹¹ For he knew who was going to betray him, and that was why he said not every one was clean.

¹² When he had finished washing their feet, he put on his clothes and returned to his place. “Do you understand what I have done for you?” he asked them. ¹³ “You call me ‘Teacher’ and ‘Lord,’ and rightly so, for that is what I am. ¹⁴ Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet. ¹⁵ I have set you an example that you should do as I have done for you. ¹⁶ Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. ¹⁷ Now that you know these things, you will be blessed if you do them.

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Passage:

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5. Assessment of Application (Perform this step over the next couple of weeks):

week 3

THE WAY OF THE
Spirit

Abiding instead of striving.

15 : JOHN — 8

Day 1

Breath Prayer

Repeat this breath prayer 7 times every morning.

- *Inhale: “Abide in Me”*
- *Exhale: “And I in you”*

Weekly Practice: Daily Silence

- *5 minutes a day*
- *No phone. No agenda. Just presence.*

The Vine and the Branches

15 “I am the true vine, and my Father is the gardener. ²He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. ³You are already clean because of the word I have spoken to you. ⁴Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

⁵“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. ⁶If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. ⁷If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you.

⁸This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples.

Date:	Passage:
1. Prayer (check here when you have prayed over this passage):	
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4. Memorization (Key verse of the passage, for this particular study):	
5. Assessment of Application (Perform this step over the next couple of weeks):	

PSALM
46: 10 – 11

Day 2

Breath Prayer

Repeat this breath prayer 7 times every morning.

- *Inhale: “Abide in Me”*
- *Exhale: “And I in you”*

Weekly Practice: Daily Silence

- *5 minutes a day*
- *No phone. No agenda. Just presence.*

¹⁰ He says, “Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth.”

¹¹ The Lord Almighty is with us;
the God of Jacob is our fortress.

Date:	Passage:
1. Prayer (check here when you have prayed over this passage):	
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4. Memorization (Key verse of the passage, for this particular study):	
5. Assessment of Application (Perform this step over the next couple of weeks):	

36 : EZEKIEL 26 — 27

Day 3

Breath Prayer

Repeat this breath prayer 7 times every morning.

- *Inhale: “Abide in Me”*
- *Exhale: “And I in you”*

Weekly Practice: Daily Silence

- *5 minutes a day*
- *No phone. No agenda. Just presence.*

²⁶I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. ²⁷And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.

Date:	Passage:
1. Prayer (check here when you have prayed over this passage):	
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4. Memorization (Key verse of the passage, for this particular study):	
5. Assessment of Application (Perform this step over the next couple of weeks):	

8. ROMANS 11

Day 4

Breath Prayer

Repeat this breath prayer 7 times every morning.

- *Inhale: “Abide in Me”*
- *Exhale: “And I in you”*

Weekly Practice: Daily Silence

- *5 minutes a day*
- *No phone. No agenda. Just presence.*

Life Through the Spirit

8 Therefore, there is now no condemnation for those who are in Christ Jesus, ²because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. ³For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, ⁴in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

⁵Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. ⁷The mind governed by the flesh is hostile to God; it does not submit to God’s law, nor can it do so.

⁸Those who are in the realm of the flesh cannot please God.

⁹You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. ¹⁰But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness. ¹¹And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

Date:	Passage:
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5. Assessment of Application (Perform this step over the next couple of weeks):	

14 : JOHN — 27

Day 5

Breath Prayer

Repeat this breath prayer 7 times every morning.

- *Inhale: “Abide in Me”*
- *Exhale: “And I in you”*

Weekly Practice: Daily Silence

- *5 minutes a day*
- *No phone. No agenda. Just presence.*

¹⁶ And I will ask the Father, and he will give you another advocate to help you and be with you forever— ¹⁷ the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be[a] in you. ¹⁸ I will not leave you as orphans; I will come to you. ¹⁹ Before long, the world will not see me anymore, but you will see me. Because I live, you also will live. ²⁰ On that day you will realize that I am in my Father, and you are in me, and I am in you. ²¹ Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them.”

²² Then Judas (not Judas Iscariot) said, “But, Lord, why do you intend to show yourself to us and not to the world?”

²³ Jesus replied, “Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them.

²⁴ Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me.

²⁵ “All this I have spoken while still with you. ²⁶ But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. ²⁷ Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Date:	Passage:
1. Prayer (check here when you have prayed over this passage):	
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3. Application (How you will apply this passage to your life):	
4. Memorization (Key verse of the passage, for this particular study):	
5. Assessment of Application (Perform this step over the next couple of weeks):	

5. GALATIANS 16 — 25

Day 6

Breath Prayer

Repeat this breath prayer 7 times every morning.

- *Inhale: “Abide in Me”*
- *Exhale: “And I in you”*

Weekly Practice: Daily Silence

- *5 minutes a day*
- *No phone. No agenda. Just presence.*

¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh.

¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever[a] you want. ¹⁸ But if you are led by the Spirit, you are not under the law.

¹⁹ The acts of the flesh are obvious: sexual immorality, impurity and debauchery; ²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. ²⁴ Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ Since we live by the Spirit, let us keep in step with the Spirit.

Date:	Passage:
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4. Memorization (Key verse of the passage, for this particular study):	
5. Assessment of Application (Perform this step over the next couple of weeks):	

Day 7: Re-read slowly

Breath Prayer

Repeat this breath prayer 7 times every morning.

- *Inhale: "Abide in Me"*
- *Exhale: "And I in you"*

Weekly Practice: Daily Silence

- *5 minutes a day*
- *No phone. No agenda. Just presence.*

The Vine and the Branches

15 "I am the true vine, and my Father is the gardener. ²He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. ³You are already clean because of the word I have spoken to you. ⁴Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

⁵"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. ⁶If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. ⁷If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you.

⁸This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

Date:	Passage:
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part 2

THE WAY OF THE
Sacrifice

Love poured out completely.

MATTHEW

21: 1 — 11

Day 1

Daily Prayer

“Jesus, we welcome You as King—even when You don’t arrive the way we expected.”

Reflection: *What kind of Savior am I expecting Jesus to be?*

Weekly Practice (Holy Week): Reverent Waiting

This is the one week where the practice is less doing, more being.

- *Fast food or media this week*
- *Reduce noise intentionally*
- *Limit media and distractions*
- *Let silence prepare your heart for resurrection*

Jesus Comes to Jerusalem as King

²¹ As they approached Jerusalem and came to Bethphage on the Mount of Olives, Jesus sent two disciples, ² saying to them, “Go to the village ahead of you, and at once you will find a donkey tied there, with her colt by her. Untie them and bring them to me. ³ If anyone says anything to you, say that the Lord needs them, and he will send them right away.”

⁴ This took place to fulfill what was spoken through the prophet:

⁵ “Say to Daughter Zion,
‘See, your king comes to you,
gentle and riding on a donkey,
and on a colt, the foal of a donkey.’”

⁶ The disciples went and did as Jesus had instructed them. ⁷ They brought the donkey and the colt and placed their cloaks on them for Jesus to sit on. ⁸ A very large crowd spread their cloaks on the road, while others cut branches from the trees and spread them on the road. ⁹ The crowds that went ahead of him and those that followed shouted,

“Hosanna to the Son of David!”

“Blessed is he who comes in the name of the Lord!”

“Hosanna in the highest heaven!”

¹⁰ When Jesus entered Jerusalem, the whole city was stirred and asked, “Who is this?”

¹¹ The crowds answered, “This is Jesus, the prophet from Nazareth in Galilee.”

Extra Reading: Psalm 118:25–26

Date:

Passage:

1. Prayer (check here when you have prayed over this passage):

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3. Application (How you will apply this passage to your life):

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5. Assessment of Application (Perform this step over the next couple of weeks):

11 : MARK — 18

Day 2

Daily Prayer

“Search me, Lord. Remove what doesn’t belong in Your presence.”

Reflection: *What does Jesus want to cleanse in my heart?*

¹⁵ On reaching Jerusalem, Jesus entered the temple courts and began driving out those who were buying and selling there. He overturned the tables of the money changers and the benches of those selling doves, ¹⁶ and would not allow anyone to carry merchandise through the temple courts. ¹⁷ And as he taught them, he said, “Is it not written: ‘My house will be called a house of prayer for all nations’? But you have made it ‘a den of robbers.’”

¹⁸ The chief priests and the teachers of the law heard this and began looking for a way to kill him, for they feared him, because the whole crowd was amazed at his teaching.

Isaiah 56:6–7

⁶ And foreigners who bind themselves to the Lord
to minister to him,
to love the name of the Lord,
and to be his servants,
all who keep the Sabbath without desecrating it
and who hold fast to my covenant—
⁷ these I will bring to my holy mountain
and give them joy in my house of prayer.
Their burnt offerings and sacrifices
will be accepted on my altar;

Date:

Passage:

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5. Assessment of Application (Perform this step over the next couple of weeks):

20: 1 — 8 LUKE

Day 3

Daily Prayer

“Jesus, teach me to listen, not argue—to surrender, not defend.”

Reflection: *Where do I resist Jesus’ authority in my life?*

The Authority of Jesus Questioned

20 One day as Jesus was teaching the people in the temple courts and proclaiming the good news, the chief priests and the teachers of the law, together with the elders, came up to him. ²“Tell us by what authority you are doing these things,” they said. “Who gave you this authority?”

³He replied, “I will also ask you a question. Tell me: ⁴John’s baptism—was it from heaven, or of human origin?”

⁵They discussed it among themselves and said, “If we say, ‘From heaven,’ he will ask, ‘Why didn’t you believe him?’ ⁶But if we say, ‘Of human origin,’ all the people will stone us, because they are persuaded that John was a prophet.”

⁷So they answered, “We don’t know where it was from.”

⁸Jesus said, “Neither will I tell you by what authority I am doing these things.”

Extra Reading: Psalm 2

Date:

Passage:

1. Prayer (check here when you have prayed over this passage):

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5. Assessment of Application (Perform this step over the next couple of weeks):

MATTHEW 26: 14 – 16

Day 4

Daily Prayer

“Lord, expose what pulls my heart away from You, and draw me back with grace.”

Reflection: *Are there places where I am close to Jesus—but not fully surrendered?*

Judas Agrees to Betray Jesus

¹⁴ Then one of the Twelve—the one called Judas Iscariot—went to the chief priests ¹⁵ and asked, “What are you willing to give me if I deliver him over to you?” So they counted out for him thirty pieces of silver. ¹⁶ From then on Judas watched for an opportunity to hand him over.

Psalm 41:9

⁹ Even my close friend,
someone I trusted,
one who shared my bread,
has turned against me.
for my house will be called
a house of prayer for all nations.”

Date:

Passage:

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2. Meditation:

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22 : LUKE 14 — 20

Day 5

Daily Prayer

“Jesus, You knelt to serve and gave Yourself completely. Teach me to love like You.”

Reflection: *How am I called to love as Jesus has loved me?*

¹⁴ When the hour came, Jesus and his apostles reclined at the table. ¹⁵ And he said to them, “I have eagerly desired to eat this Passover with you before I suffer. ¹⁶ For I tell you, I will not eat it again until it finds fulfillment in the kingdom of God.”

¹⁷ After taking the cup, he gave thanks and said, “Take this and divide it among you. ¹⁸ For I tell you I will not drink again from the fruit of the vine until the kingdom of God comes.”

¹⁹ And he took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.”

²⁰ In the same way, after the supper he took the cup, saying, “This cup is the new covenant in my blood, which is poured out for you.

1 Corinthians 11:23–26

²³ For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, ²⁴ and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me.” ²⁵ In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.” ²⁶ For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.

Date:

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5. Assessment of Application (Perform this step over the next couple of weeks):

JOHN 19

Day 6

Daily Prayer

"It is finished. I receive what You have done for me."

(Embrace silence as much as possible today. No hurry. No fixing

Reflection: *Sit with the cross. Do not rush to resolution.*

Jesus Sentenced to Be Crucified

¹⁹Then Pilate took Jesus and had him flogged. ²The soldiers twisted together a crown of thorns and put it on his head. They clothed him in a purple robe ³and went up to him again and again, saying, "Hail, king of the Jews!" And they slapped him in the face.

⁴Once more Pilate came out and said to the Jews gathered there, "Look, I am bringing him out to you to let you know that I find no basis for a charge against him." ⁵When Jesus came out wearing the crown of thorns and the purple robe, Pilate said to them, "Here is the man!"

⁶As soon as the chief priests and their officials saw him, they shouted, "Crucify! Crucify!"

But Pilate answered, "You take him and crucify him. As for me, I find no basis for a charge against him."

⁷The Jewish leaders insisted, "We have a law, and according to that law he must die, because he claimed to be the Son of God."

⁸When Pilate heard this, he was even more afraid, ⁹and he went back inside the palace. "Where do you come from?" he asked Jesus, but Jesus gave him no answer. ¹⁰"Do you refuse to speak to me?" Pilate said. "Don't you realize I have power either to free you or to crucify you?"

¹¹Jesus answered, "You would have no power over me if it were not given to you from above. Therefore the one who handed me over to you is guilty of a greater sin."

¹²From then on, Pilate tried to set Jesus free, but the Jewish leaders kept shouting, "If you let this man go, you are no friend of Caesar. Anyone who claims to be a king opposes Caesar."

JOHN 19

¹³ When Pilate heard this, he brought Jesus out and sat down on the judge's seat at a place known as the Stone Pavement (which in Aramaic is Gabbatha). ¹⁴ It was the day of Preparation of the Passover; it was about noon.

"Here is your king," Pilate said to the Jews.

¹⁵ But they shouted, "Take him away! Take him away! Crucify him!"

"Shall I crucify your king?" Pilate asked.

"We have no king but Caesar," the chief priests answered.

¹⁶ Finally Pilate handed him over to them to be crucified.

The Crucifixion of Jesus

So the soldiers took charge of Jesus. ¹⁷ Carrying his own cross, he went out to the place of the Skull (which in Aramaic is called Golgotha). ¹⁸ There they crucified him, and with him two others—one on each side and Jesus in the middle.

¹⁹ Pilate had a notice prepared and fastened to the cross. It read: jesus of nazareth, the king of the jews. ²⁰ Many of the Jews read this sign, for the place where Jesus was crucified was near the city, and the sign was written in Aramaic, Latin and Greek. ²¹ The chief priests of the Jews protested to Pilate, "Do not write 'The King of the Jews,' but that this man claimed to be king of the Jews."

²² Pilate answered, "What I have written, I have written."

²³ When the soldiers crucified Jesus, they took his clothes, dividing them into four shares, one for each of them, with the undergarment remaining. This garment was seamless, woven in one piece from top to bottom.

²⁴ "Let's not tear it," they said to one another. "Let's decide by lot who will get it."

This happened that the scripture might be fulfilled that said,

"They divided my clothes among them
and cast lots for my garment."

So this is what the soldiers did.

²⁵ Near the cross of Jesus stood his mother, his mother's sister, Mary the wife of Clopas, and Mary Magdalene. ²⁶ When Jesus saw his mother there, and the disciple whom he

JOHN 19

loved standing nearby, he said to her, “Woman, here is your son,” ²⁷ and to the disciple, “Here is your mother.” From that time on, this disciple took her into his home.

The Death of Jesus

²⁸ Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, “I am thirsty.” ²⁹ A jar of wine vinegar was there, so they soaked a sponge in it, put the sponge on a stalk of the hyssop plant, and lifted it to Jesus’ lips.

³⁰ When he had received the drink, Jesus said, “It is finished.” With that, he bowed his head and gave up his spirit.

³¹ Now it was the day of Preparation, and the next day was to be a special Sabbath. Because the Jewish leaders did not want the bodies left on the crosses during the Sabbath, they asked Pilate to have the legs broken and the bodies taken down. ³² The soldiers therefore came and broke the legs of the first man who had been crucified with Jesus, and then those of the other. ³³ But when they came to Jesus and found that he was already dead, they did not break his legs. ³⁴ Instead, one of the soldiers pierced Jesus’ side with a spear, bringing a sudden flow of blood and water. ³⁵ The man who saw it has given testimony, and his testimony is true. He knows that he tells the truth, and he testifies so that you also may believe. ³⁶ These things happened so that the scripture would be fulfilled: “Not one of his bones will be broken,” ³⁷ and, as another scripture says, “They will look on the one they have pierced.”

The Burial of Jesus

³⁸ Later, Joseph of Arimathea asked Pilate for the body of Jesus. Now Joseph was a disciple of Jesus, but secretly because he feared the Jewish leaders. With Pilate’s permission, he came and took the body away. ³⁹ He was accompanied by Nicodemus, the man who earlier had visited Jesus at night. Nicodemus brought a mixture of myrrh and aloes, about seventy-five pounds. ⁴⁰ Taking Jesus’ body, the two of them wrapped it, with the spices, in strips of linen. This was in accordance with Jewish burial customs. ⁴¹ At the place where Jesus was crucified, there was a garden, and in the garden a new tomb, in which no one had ever been laid. ⁴² Because it was the Jewish day of Preparation and since the tomb was nearby, they laid Jesus there.

Extra Reading: Isaiah 53:4–6

Date:

Passage:

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LAMENTATIONS

3: 31 — 33

Day 7

Daily Prayer

“Lord, teach me to wait with hope when answers haven’t come yet.”

Reflection: *What does it look like to trust God when He feels silent?*

- ³¹ For no one is cast off
by the Lord forever.
- ³² Though he brings grief, he will show compassion,
so great is his unfailing love.
- ³³ For he does not willingly bring affliction
or grief to anyone.

Date:

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